

Wen-Do Women's Self Defence Course Schedule (updated June 2, 2010)

Please note: If you would like to reach a Wen-Do instructor in order to set up a course or workshop for your organization, please do NOT contact the people listed below who are handling registration for existing courses. Instead, please contact Wen-Do Women's Self Defence at **416-929-3636** or info@wendo.ca . Thank you!

Basic Wen-Do Courses and Workshops

2-day Basic Wen-Do Course in Toronto, Ontario

Dates: Saturday June 12th and Sunday June 13th, 2010

Time: 10:00 a.m. - 5:00 p.m

Location: York University, Toronto, Ontario

Fee: Free

To register: Please email Nada at zanzk@yorku.ca

For more information: Please call Denise at 416-854-0133.

2-day Basic Wen-Do Course in Sudbury, Ontario

Dates: Saturday & Sunday, October 2 & 3, 2010

Time: 9:30am to 5:00pm

Location: Sudbury, Ontario

Fee: Enquire when registering.

To register: Please call 705-675-8071

For more information about the course, or to speak with the instructor: Please email debchard@sympatico.ca .

For information about Wen-Do courses in the **Waterloo** region (Ontario), please call Karen at (519) 662-2731.

For information about Wen-Do courses in:

Moosonee, Ontario,

Lanark County, Ontario (Ottawa area),

and **Sudbury**, Ontario...

please call Deb at 416-289-3126 or email debchard@sympatico.ca.

Ongoing Wen-Do Training

Ongoing Wen-Do Training classes are held every Thursday evening from 6:30 to 9:00pm, in the Dundas and Sherbourne area of Toronto. They are open to all women and girls who have completed a Basic Wen-Do course or a one-day Wen-Do workshop within the last year. Attendance is on a drop-in basis - no advance registration needed. A donation of \$10.00/class, or whatever you can afford, is encouraged but not required. For more information, please call 416-929-3636 or email info@wendo.ca, letting us know when and where you took your Wen-Do course and the name of your instructor.